

Complementary Health Care—Massage Therapy Degree (CHD)

(program pending) (selective, fall entrance)

An innovative opportunity to study complementary/holistic approaches to maintaining health and supporting recovery from injury or illness, orienting students to complementary health care theories, principles, and practices. This two-year degree program provides a comprehensive background in various modalities and prepares students to become licensed massage therapists. The Complementary Health Care Degree has two components: the Complementary Health Care Certificate (CHC) and the Massage Therapy Certificate (MTC). Students are welcome to begin the CHD program by completing the CHD program application and general college application. At the conclusion of all coursework, they will have earned both certificates and a degree.

Complementary Health Care Certificate (CHC) Track

Number	Suggested Course Order	Cr	Semester	Grade	Prerequisites/Notes
ENG101	English Composition I	3			ENG100, RDG100, or placement
BIO115	Human Biology	4			ENG100, RDG100, or placement
CHC101	Complementary Health Care	3			ENG100, RDG100, or placement
PSY105	Introduction to Psychology	3			ENG100, RDG100, or placement
	Professional Elective	3			Electives: CHC104, 105, 108, 110, 111, 112, 212, 221, PHL210, PSY280, CHC102, HUM212
	Business Elective	3			Note: Not needed for certificate students.
CHC220	Mind/Body/Spirit Connection	3			ENG100, RDG100, or placement
NUT101	Introduction to Nutrition	3			ENG100, RDG100, or placement
ENG102	English Composition II	3			ENG100, RDG100, or placement
HST140	Counseling Methods & Interviewing Techniques	3			ENG100, RDG100, or placement
PER126/130	Health, Fitness, & Wellness Elective	2/3			Prerequisite: MAT092, RDG100, or placement Note: PER130 is recommended for transfer
	Professional Elective	3			Note: See above Professional Electives

Massage Therapy Certificate (MTC) Track (program pending)

Beginning each September

MTC101	Massage Therapy I (7 weeks)	4			BIO115 pref. or BIO203; PTA104 as a prerequisite or co-requisite
PTA104	Applied Anatomy and Kinesiology	4			ENG100, MAT100, RDG100 or placement; BIO115 or BIO203

Beginning each November

MTC102	Massage Therapy II (7 weeks)	4			MTC101
MTC201	Massage Therapy Practicum I	2			MTC101

Beginning each January

MTC103	Massage Therapy III (7 weeks)	4			MTC102, PTA104
MTC110	Prof. Issues & Ethics for Body Workers	3			ENG101 or placement
PTA139	Human Disease and Pathology	4			BIO115 or BIO203
MTC202	Massage Therapy Practicum II	4			MTC201, MTC102

Beginning each March

MTC104	Massage Therapy IV (7 weeks)	4			MTC103
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CHD program total: 69/70 credits

Massachusetts/New Hampshire Massage Therapy Licensure and MWCC Equivalencies

Number	MWCC Course	Credits
BIO 115	Human Biology	4
MTC 101	Massage Therapy I	4
MTC 102	Massage Therapy II	4
MTC 201	Massage Therapy Practicum I	2
MTC 103	Massage Therapy III	4
MTC 104	Massage Therapy IV	4
MTC 202	*Massage Therapy Practicum II	4

Campus/format: This program is selective and can be completed during the day at the Gardner Campus.

Application deadline: The application deadline is **March 1**. This selective enrollment program requires additional application components. The selection process is competitive and space is limited (see page 88 of the college catalog).

Requirements for consideration: Applicants must meet certain academic standards. See page 17 of the college catalog for specific details, or refer to the program application available on our website or through the admissions office.

Special requirements: CHD students taking massage courses are required to keep pace with the incoming class and must take courses in sequential order. Applicants must meet all requirements for consideration before entering the program. Students must meet technical standards and additional requirements including immunizations, CPR certification, liability insurance, and a Criminal/Sexual Offender Records Information (CORI/SORI) (see pages 34-35 of the college catalog). Students must score 83 or greater on the Algebra CPT or score 31 or greater on the College Math CPT or have completed a math course equal to MAT126 or higher. All BIO credits must have been taken within five years.

Transfer options: Some CHC courses may transfer to Fitchburg State College. Check with the transfer advisor. Transfer agreements exist with Charter Oak State College and the University of Phoenix. This program qualifies for the Franklin University Community College Alliance program.

Visit the MWCC transfer services website at <http://transfer.mwcc.edu>.

Career options: Massage therapists in fitness centers, wellness centers, spas, hospitals, retirement communities, doctor and chiropractic offices, assisted-living centers, yoga centers, and group/individual practices.

Earning potential: Between \$37,815 to \$57,334. If employed by a health center or spa, a portion of the fee is retained by the employer.

*Student will need to complete the Massage Therapy Practicum II research project.

See page 64 of the college catalog for program competencies and technical standards.